City of Commerce City, Colorado

Proclamation

WHEREAS, 1,312 Coloradans died by suicide in 2020; and the U.S. had one death by suicide about every 11 minutes in 2020; and for people aged 10-34 years, suicide is a leading cause of death; and,

WHEREAS, each and every suicide directly impacts many people, including family, friends, co-workers, neighbors, and community members; and,

WHEREAS, local and national partners serve on the front lines of a war that many still refuse to discuss, as stigma regarding suicide and mental health issues is far too prevalent; and,

WHEREAS, "988" is the three-digit, nationwide phone number to connect directly to the 988 Suicide and Crisis Lifeline. By calling or texting 988, you'll connect with mental health professionals with the 988 Suicide and Crisis Lifeline, formerly known as the National Suicide Prevention Lifeline. Veterans can press "1" after dialing 988 to connect directly to the Veterans Crisis Lifeline which serves our nation's Veterans, service members, National Guard and Reserve members, and those who support them. For texts, Veterans should continue to text the Veterans Crisis Lifeline short code: 838255; and,

WHEREAS, September is known globally as "Suicide Prevention Month", created by Chicago-based organization "Hope for The Day" with the goal being to magnify the conversation about the importance of mental health resources and the impact of suicide to help destigmatize the conversation and connect people with the support they need.

NOW THEREFORE, BE IT PROCLAIMED that the City Council of the City of Commerce City recognizes the month of September 2022 as Suicide Awareness and Prevention Month, and encourages all residents to take the time to understand the importance of mental health education and recognize our role in taking care of our own mental health.

In witness whereof I have hereunto set my hand and caused this seal to be affixed on the nineteenth day of September 2022.

CITY OF COMMERCE CITY, COLORADO

Benjamin A. Huseman, Mayor